UR FOOT 2017 GEAR LIST ALLEGANY

Clothing

	Change of Clothes (3 Days / 2 Nights)
	Raincoat/Poncho
	Extra Socks
	Hiking shoes
	Swimsuit and Towel
	Hot and Cold Weather Gear
	Hat/Headband
Sleeping Gear	
	Sleeping Bag
	Pillow
	Ground pad
Other Personal Items	
	2 Water Bottles
	Day Pack (Drawstring is OK)
	Mess Kit (Utensils And Bowl)
	Headlamp (Or Flashlight)
	Watch
	Bathing Gear
	Toiletries
Optional Items	
	Mosquito Repellent
	Sunscreen
	Sunglasses
	Fun Things (Volleyball, Frisbee, ect.)

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NOTES ON HOW TO PACK

- Your personal gear does not have to be high-tech; just make sure to minimize the amount of cotton material. Cotton takes a long time to dry should it become wet. This makes for a very unhappy camper!
- Be prepared for all kinds of weather!
- Group gear (i.e. tents, stoves, water filters, etc) will be provided for each crew.

We understand you may not have all of the listed gear. Don't let this stop you from applying! Gear can be rented from the campus outdoors club and the local EMS store. However, unless otherwise stated, the items are required and will not be provided by UR FOOT.